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Outreach in Bwaise carried out on 21st/04/2024.

During our outreach to the Community of Bwaise a Slum area that makes part of Kawempe Division in Kampala District, we engaged in a number of activities that intended to uplift the living standards of people and to create a lasting impact towards their lives. Among the activities engaged in do Include....

1) DISABILITY AWARENESS IN THE COMMUNITY

In partnership with Counselor Namuyiga Swaburah. a representative of the area at Kawempe division, Kampala city who wrote to the team inviting us to her community to extend our valuable services to the locals. The event was in recognition by chairperson of Bwaise 1 who welcomed the team from Ssena Healing Africa and introduced us to the community members. In Attendance was also the Disability chairperson of the area who expressed his gratitude to the team for being thoughtful and consider visiting his area to talk to parents who have children with disability(CWDs)

Ssena Healing Africa's Mr Ssenabulya Simon was a key note speaker on disability awareness since he has expertise in the field. Among the audience included the physically impaired children, visually impaired children, hearing impaired children who were accompanied by their parents. While explaining Mr Ssenabulya informed the community parents of not fearing to let out their own children to play with other normal children because this action keeps them free from low esteem, physical and verbal discriminations and enables them to function like

the normal children and he emphasized the causes of disabilities to children which occur before birth, during and even after birth due to various life events. Furthermore he advised them on therapies to introduce to their CWDs that shall enable these children to slowly but steadily cope up in their body functioning. It was an interesting moment of the session when parents were taught on the rightful foods to feed their CWDs to help keep their bodies healthy and resistant to certain illnesses. And parents were taught resourcing mechanisms to use to boost their mental health in times when they feel they are mentally breaking down.

2) Menstrual products

Miss Nakyewa Juliet talks on the menstrual hygiene of girls with disability that had reached and those who were soon reaching the age of the menstruation, on these issues Nakyewa explain to the community on how to handle this situation.

She informed the parents on the signs of early menstruation periods on their girl child especially those that are Disabled.

Additionally, Ssena Healing Africa members went on to Donate menstrual pads (towels) to the girl child to be used during their periods under the Organization charity project of Protect My Dignity were making periods friendly and fighting period poverty is a concern.

Furthermore, the team joined by other project partners like Councillor Namuyiga Swaburah, Counsel Mubiru of Hk Lawyers and Mr Aamir Nsamo CEO Lusuku Eden and Revolt handed over other donations to the CWDs and their parents among which included clothes and food

this was done to help the community boost their standards of living and to spread the love of sharing with the unprevilaged.

The event was climaxed by the chairman's speech who appreciated love and care extended to his people and told the organization people that they are always welcome to his area.

Project Budget

Item	Unit Cost (Ugshs)	Amount (Ugshs)
Sanitary Pads (6 boxes)	@42,000	252,000
Car Hire	One day	150,000
Fuel		100,000
Bags and Printing		100,000
Volunteers Refreshments	@20,000	80,000
and meals (4)	MEALING	
Posho Bags (8)5kgs	@15,000	120,000
Bread (12 loaves)	@5,000	60,000
Washing Soap(20 bars)	@4,000	80,000
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Total	Community Ser	942,000

Source of funds

- 1. Members Collections
- 2. Donations from Friends
- 3. Contributions from Corporate members

















We wish to take this Opportunity to thank all the people that came through to support this charity Project in the various ways of support rendered. May the Almighty bless you All.

Keep following us on our various social media platforms to see more of our engagements.

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Instagram

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PICTORIAL MOMENTS OF THE ACTIVITIES CONDUCTED

